

Marriage Preparation Programme for Young Couples

To attend the Marriage Preparation Programme for Young Couples, please contact:

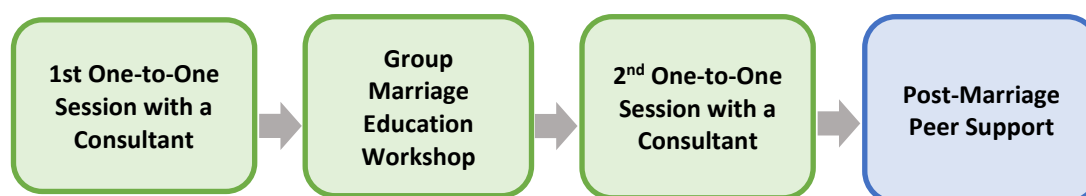
S/N	Service Provider	Address	Contact Details
1	Strengthening Families Programme@Family Service Centre (Care Corner – Tampines)	287 Tampines, Street 22, #01-366 Singapore 520287	Tel: 6258 0020 Email: FAM.TM@carecorner.org.sg
2	Strengthening Families Programme@Family Service Centre (Fei Yue – Choa Chu Kang)	491B River Valley Road, Valley Point Shopping Centre #04-04A, Singapore 248373	Tel: 9750 8810 Email: FAM@fyics.org

1. What is the Marriage Preparation Programme for Young Couples?

The Marriage Preparation Programme for Young Couples is a marriage preparation and support programme which prepares young couples, where either party is 18 to below 21 years old or groom is between 21 to below 25 years with bride 21 years and above., for a healthy and enriching marriage and family life. They help couples understand each other better, and provide practical skills to build a strong marriage. Some of the topics covered include communication and conflict resolution, in-law relationship, financial literacy and management, family planning, managing roles and expectations.

The programme comprises:

- One-to-one sessions with a consultant (2 sessions of 2hrs each)
- Group marriage education workshop (4 sessions of 4hrs each)
- Post-marriage peer support sessions



Minor couples are **required** to complete the one-to-one sessions and the group marriage education workshop before they can proceed to file a notice of marriage. The service provider will issue a certificate of attendance that minor couples have to bring along when they visit the Registry of Marriages (ROM) for verification of documents.

2. What is the expected time needed for signing up and completing the programme?

It takes about 4 to 6 weeks for couples to complete the one-to-one sessions and group marriage education workshop. Post-marriage peer support sessions are offered within the couple's first year of marriage.

Couples are advised to register with the service provider early for the programme to avoid delaying their marriage.

3. Do couples have to pay to attend the programme?

No, couples do not have to pay to attend the programme.